# Vaccination and antimicrobial prophylaxis in post splenectomy patients

## Introduction

Individuals with asplenia or hyposplenia are at increased risk of fulminant sepsis from encapsulated polysaccharide bacteria, particularly Strep. pneumoniae but also H. influenza and N.meningitidis.<sup>1</sup>.

For these reasons, additional vaccination and patient education is extremely important. In St. James's Hospital a multidisciplinary service was developed. Patients were referred to the Infectious Diseases (ID) team for vaccination advice, antimicrobial prophylaxis review and education by the ID pharmacist and nurse specialist [see Figure A].

Patients are advised regarding follow-up vaccinations required and an information letter is sent to their General Practitioner (GP) on discharge.

Figure A: Splenectomy Card & information leaflet

**SPLENECTOMY CARD** ST. JAMES'S HOSPITAL James St Dublin 8 Ireland Tel (+3531)4103000 **I HAVE NO FUNCTIONING SPLEEN** 

I am susceptible to overwhelming infection including pneumonia, septicaemia & meningitis. Please show this card to the nurse or doctor if I am taken ill

**ALWAYS CARRY THIS CARD WITH YOU** 

**GUIDe/National Coagulation Clinic** St. James's Hospital, Dublin 8





Splenectomy

PATIENT INFORMATION LEAFLET

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# Aim & Methods

To determine the rate of appropriate vaccination and antibiotic prophylaxis in this cohort over a one year period. Electronic health records of patients who underwent a splenectomy in St James's Hospital referred to ID service from October 2018 to October 2019 were reviewed. GPs were contacted where required to check vaccination status.

# Results

A total of 13 patients were referred to the ID service post splenectomy during this study period; all of whom received splenectomy education and were discharged on prophylactic antibiotics; majority of whom received phenoxymethicillin (n=12); one patient received amoxicillin 500mg OD.

Nine patients (69%) were followed up in the ID outpatient clinic for vaccination, the remaining 4 patients were followed up by their GPs.

All patients that attended the ID clinic received the appropriate vaccination course [Figure B]. For the four patients referred to GPs follow-up information was only available for one patient who received all follow up vaccinations.

References:

1. Immunisation Guidelines for Ireland 2015 edition. National Immunisation Advisory Committee, Royal College of Physicians of Ireland.. Updated Feb 2019.



#### Results

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#### **(B)** Figure B: Patients who received complete vaccination & location of follow-up



### Conclusion

All patients who received vaccination in the ID clinic were appropriately followed up. Reeducation regarding the importance of emergency antibiotics in addition to collaboration with primary care to improve documentation and communication is required to further reduce infection risk in these immunocompromised patients. A national splenectomy register would be a useful tool to identify patients who require follow up with regard to vaccination and/or antibiotic prophylaxis.

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