Delayed haemolysis after IV Artesunate therapy for P. falciparum

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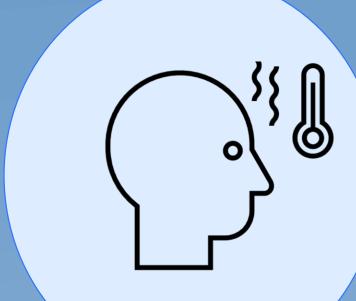
1. St James's Hospital - Dublin (Ireland)



A 27-year-old male presented to the Emergency Department with high grade fever, myalgia, and headaches after returning to Ireland from Angola.

Examination of a blood film showed *P. falciparum*- infected erythrocytes with a parasite count of 14%. He was diagnosed with severe *P. falciparum* infection and treated initially with IV artesunate followed by oral artemether/lumefantrine.

He had complete parasite clearance within 48 hours



He was seen a week later in the Infectious Diseases outpatient clinic complaining of dizziness, shortness of breath and palpitations. His Hb of 14.8g/dL decreased to 9.8g/dL since first admitted He was admitted the following week with ongoing symptoms and a Hb concentration of 8.0g/dL.

A haematology consult and work-up confirmed haemolystic anaemia [Figure 1]

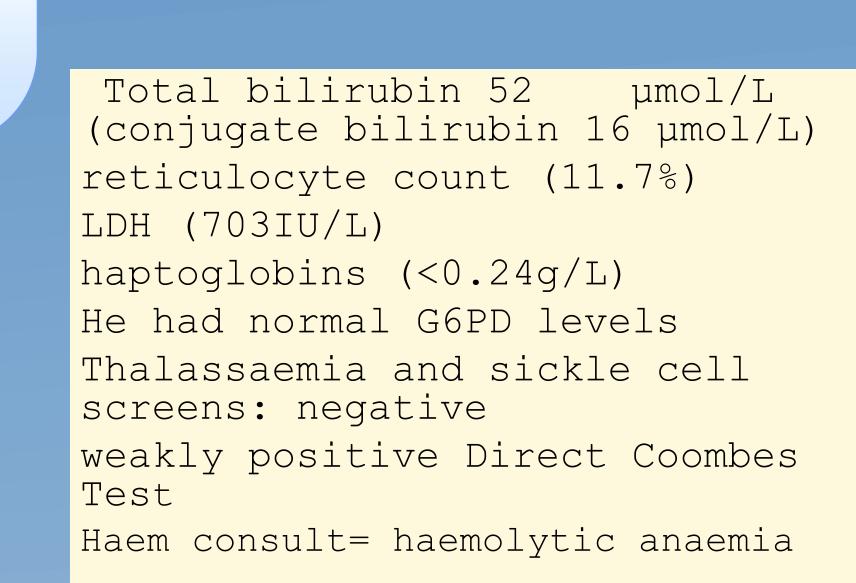


Figure 1: Blood test results



During his second admission, he was started on folic acid replacement due to low levels; his B12 levels were normal in addition to his iron studies.

He did not require any full blood transfusions. Figure 2 shows Hb evolution.



This presumed adverse drug event was reported to the Health Products Regulation Authority (HPRA).

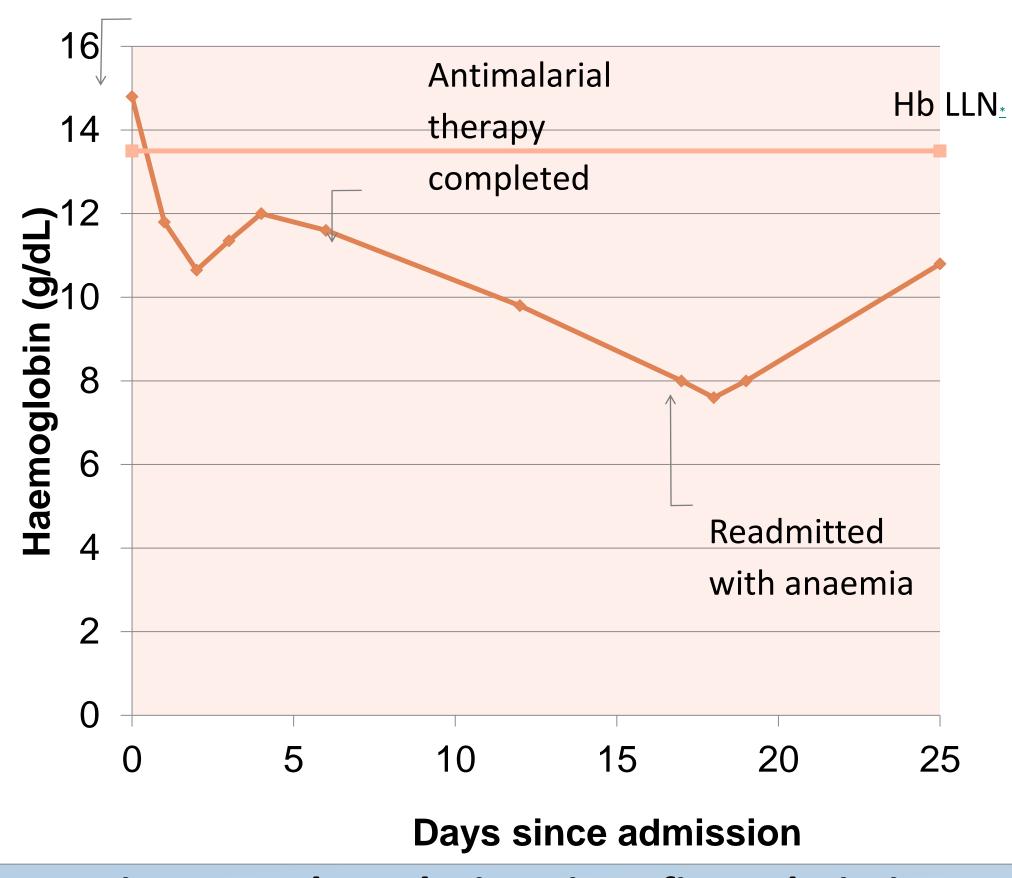


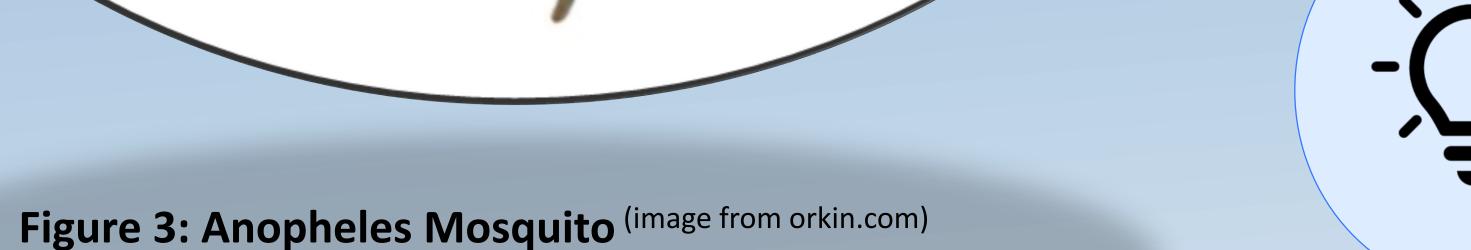
Figure 2: Hb evolution since first admission



Delayed haemolysis post artesunate also known as post-artemisinin or artesunate delayed hemolysis (PADH) is a side effect of artemisinin-based therapy (both IV & PO). It is associated with >10% decrease in Hb or >10% rise in LDH more than 8 days after treatment. The pathophysiology is not fully understood, but hyperparasitaemia appears to be

a risk factor. Up to 60% may require blood transfusion but it is self-limiting; no deaths associated with this phenomenon have been reported. Our patient recovered well with no long term sequelae. All patients infected with malaria are followed up in

the ID clinic with a specific focus on haematological surveillance for those who received artemisinin derivatives. This adverse effect should not deter clinicians from using this effective antimalarial.



Pafarancas:

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