

Reintroducing Pen and Leaving Quin-Alone

Examining the Impact of a Penicillin Allergy De-labelling Project on Antibiotic Prescribing in a Hospital Setting.

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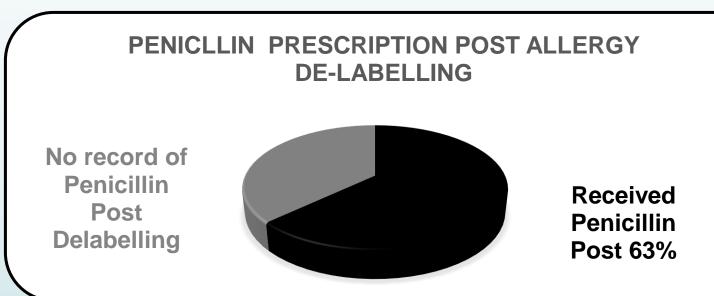
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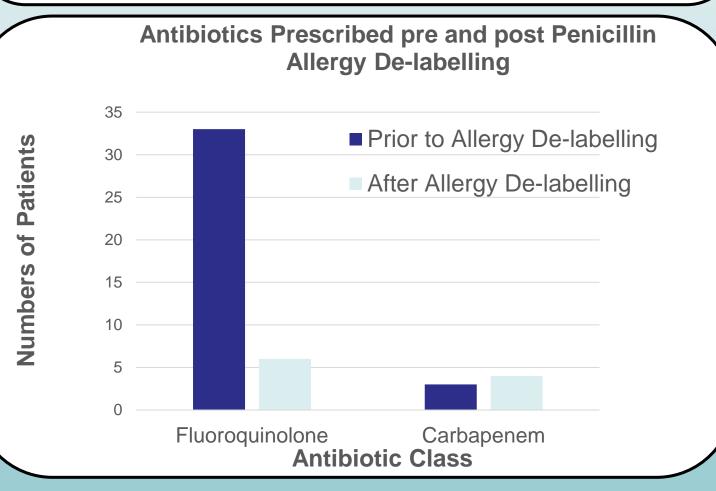
Background

- The label of penicillin allergy is carried by between 8 and 25% of all patients. Interrogation of a penicillin allergy is an important stewardship intervention considering only 1-10% of these patients are truly allergic to penicillin (1).
- Alternative antibiotics may not be as efficacious, can be more expensive and lead to more adverse effects (2).
- The aim of this study was to investigate if a penicillin allergy delabelling project altered antibiotics subsequently prescribed in a hospital setting.

Methods

- A retrospective review of a penicillin allergy de-labelling collaboration between Infectious Disease, Immunology and Pharmacy was carried out.
- Information was obtained from the electronic hospital record regarding antibiotics prescribed before and after a penicillin allergy had been de-labelled.





Over a 15 month period from Sep 2020 to Nov 2021, a total of 118 patients had a penicillin allergy assessment. 75 patients had their penicillin allergy delabelled (64%).

Out of these 75 patients, 47 patients (63%) were identified as subsequently receiving a penicillin based antibiotic.

Out of these 47 patients who have now received penicillin, 27 had been previously treated with fluoroquinolones (57%), often levofloxacin for respiratory tract infections or ciprofloxacin for GI/urinary infections.

A marked reduction in the number of patients receiving fluoroquinolones was noted. The numbers for carbapenem use were small with no difference noted.

Conclusion

- Appropriate de-labelling of penicillin allergy is a useful antimicrobial stewardship tool.
- These results demonstrate a positive impact on future antibiotic prescription with increased prescribing of penicillin based antibiotics and reduced fluoroquinolone use.
 - 1. Stone CA, Trubiano J, Coleman DT, Rukasin CRF, Phillips EJ. The challenge of de-labeling penicillin allergy. Allergy (Copenhagen). 2020;75(2):273–88.
 - 2. Krishna MT, Huissoon AP, Li M, Richter A, Pillay DG, Sambanthan D, et al. Enhancing antibiotic stewardship by tackling "spurious" penicillin allergy. Clinical & Experimental Allergy. 2017 Nov 1;47(11):1362–73.